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### COURSE HOURS: 2

**COURSE GOAL:** The course will provide the student with the minimum topics of Strategic Communications required in the POST Perishable Skills Training Program. The intent of the course is to improve the student's ability to generate voluntary compliance through the art of persuasion and utilizing the tools of interpersonal and tactical communication. The course consists of a hands-on/practical strategic communications training for in-service personnel.

AUDIENCE: Any law enforcement personnel

### STATEGIC COMMUNICATIONS

#### Minimum Topics/Exercises:

- a. Officer safety
- b. Escalation versus de-escalation
- c. Communication Elements
- d. Listening Skills
- e. Questioning Techniques
- f. Persuasion
- g. People with disabilities
- h. Team Communication during a critical incident
- i. Class Exercises/Student Evaluation/Testing

#### **Course Objectives**

The student will:

- 1. Demonstrate basic components of communication skills and techniques.
- 2. Demonstrate the importance of listening and persuasion skills as they relate to effective strategic communication.
- 3. Demonstrate the skills needed to communicate effectively.
- 4. Demonstrate a minimum standard of strategic communication skills with every technique and exercise, to include:
  - a. Officer Safety
  - b. Listening/Persuasion
  - c. Judgment and Decision Making
  - d. De-escalation, Verbal Commands
  - e. Effectiveness under Stress Conditions

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#### Minimum standards of performance shall be tested by an instructor observing the student during their performance of each technique and exercise. If the student does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

### I. INTRODUCTION

- A. Course Overview
  - 1. Instructor Introductions
  - 2. Student Introductions
- B. Course Goals and Objectives
  - 1. Safety
  - 2. Enhanced professionalism
  - 3. Decrease in complaints
  - 4. Decrease in liability
  - 5. Lessen personal stress

### II. OFFICER SAFETY

- A. Make Sound Decisions
  - 1. What's important right now?
  - 2. Set priorities
  - 3. Think through your choices
  - 4. Make sound decisions
- B. S.A.F.E.R. Concept ACT!
  - 1. Officer safety
  - 2. Security
  - 3. Attack
  - 4. Flight
  - 5. Excessive Repetition
  - 6. Revised Priorities
- C. Eight Step Traffic Stops
  - 1. Greeting
  - 2. ID Yourself and Department
  - 3. Reason for Stop
  - 4. Any Justified Reason
  - 5. Driver's License
  - 6. Registration and Insurance
  - 7. Decision
  - 8. Close
- III. UNDERSTANDING ESCALATION VERSUS DE-ESCALATION IS AFFECTED BY COMMUNICATION STATEGIES IV (b)

IV (a)

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A. Professionalism

- 1. Stay in control of your emotions and keep your ego in check
  - a. The more the ego is involved, the more difficult the situation
  - b. The less ego, the more influence
- 2. Appropriate language
  - a. What you say
  - b. How you say it
  - c. How you communicate
- 3. Separate attitude from behavior
  - a. Focus only on behavior
  - b. You are a peace officer where you go, there should be peace
  - c. Be respectful to everyone
  - d. Use touch, distance and words to gain voluntary compliance
- B. Four Tenets of Procedural Justice
  - 1. Voice
  - 2. Neutrality
  - 3. Respectful treatment
  - 4. Trustworthiness
- C. The Five Step
  - 1. Ask
  - 2. Set context
  - 3. Present options
  - 4. Confirmation
  - 5. Act

### IV. COMMUNICATION ELEMENTS

- A. Phases of Communication
  - 1. Approach Impact of physicality
  - 2. Greeting Initiating the conversation
  - 3. Engagement Strategies to promote communication
  - 4. Adaptation Being flexible
  - 5. Repair Re-establishing rapport
  - 6. Incident closure How we end a contact today could influence a future contact
- B. Message Delivery
  - 1. Content
  - 2. Tone/Voice
  - 3. Non-Verbal
- C. Active Listening
  - 1. Affirmations
  - 2. Open ended questions
  - 3. Mirroring

#### IV (c, d, e)

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- 4. Paraphrasing
- 5. Avoiding "You" messages
- 6. Effective pauses
- 7. Listen to understand not to respond
- D. Empathy
  - 1. Empathy vs. Sympathy
    - a. Empathy The ability to understand and share the feelings of another
    - b. Sympathy Feelings of sorrow and pity for someone else's misfortune
  - 2. Establish Rapport
- E. Persuasion
  - 1. Rational appeal
  - 2. Personal appeal
  - 3. Ethical appeal

## V. PEOPLE WITH DISABILITIES

- A. Individuals with physical, mental health, developmental, or intellectual disabilities may have difficulty communicating, understanding, or complying with commands from peace officers.
  - 1. State Law
  - 2. Agency Policy
- B. Recognize appropriate methods of communication with people experiencing:
  - 1. Mental Illness
  - 2. Substance Use Disorders
  - 3. Intellectual Disabilities
  - 4. Physical Disabilities
  - 5. Emotional Distress
- C. Potential Strategies
  - 1. Pace
  - 2. Tone/Voice
  - 3. Reduce distractions
  - 4. Content
  - 5. Non-Verbal
- D. Special Relationships/Community Caretaking
  - 1. State Law
  - 2. Agency Policy

### VI. TEAM COMMUNICATION DURING A CRITICAL INCIDENT IV (h)

- A. Coordinated effort
  - 1. Planned Response (when feasible)
  - 2. One voice
    - a. Single point of contact with subject(s)

## IV (g)

IV (f)

- b. Single point of contact with dispatch
- 3. Force options
- 4. Continuous Assessment
- B. Potential Resources
  - 1. Mental Health Resources
  - 2. Community Resources
- C. Debrief
  - 1. Effective
  - 2. Ineffective

### VII. CLASS EXERCISES/STUDENT EVALUATION

A. Practice of communication skills via active process

- 1. Participation in role play scenarios
- 2. Observation of role play scenarios
- 3. Debrief of role play scenarios
- B. Evaluation of communication skill via demonstration
  - 1. Evaluated role play scenarios
  - 2. Feedback and debrief from instructors

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IV (i)